



Penguin Room Newsletter

Teacher: Ms. Kristen

Pre-school: 4 year olds

Feeding Kids a Quick and Healthy Breakfast!

Below are some breakfast ideas to fuel your growing children:

- A sandwich of rice cakes (or a whole wheat bagel or tortilla) with a thick layer of peanut butter, and all-fruit jelly or sliced bananas in the middle.
- A bagel with cream cheese or a whole grain English muffin with melted Cheddar cheese. Add a slice of tomato or avocado for the more sophisticated palate.
- Hard-boiled eggs alone, or diced and mixed with cubed and buttered toast or cheese.



End of the school year!

As this is our last newsletter for the school year, I would like to give a big thanks to all of my parents for all of your support this year! Your children have done an incredible job this year, and have grown so much. I am so proud of them! 😊

Upcoming Events

May 13th - Mother's Day!

May 25th - Last Day of the School Year

May 28th - No School (Memorial Day)

May 29th - Summer Program Starts!

This Month's Themes

Theme of the Month:

Space and Planets, Memorial Day, Cinco de Mayo

Concept of the Month:

Safe and Unsafe

Colors of the Month:

Rainbow colors

Shape of the Month: All

Letters of the Month:

X, Y, J

Numbers of the Month:

19, 20

Reminders to Parents

- Please make sure your child arrives prepared to begin the day no later than **9:00 am**.
- Show and tell is every Friday. Please be sure that show and tell is theme related. Be creative!

Weekly Units

Week 1- May 7th

Things in Space

Week 2- May 14th

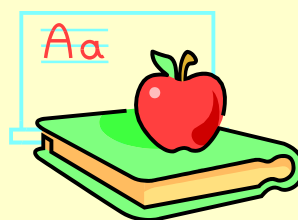
Planets

Week 3- May 21st

Summer program begins!

If there is ever anything you would like to discuss with me, please feel free to contact me at your convenience. I can be reached any time through email at penguin@vierachildrensacademy.com and I will do my best to respond ASAP.

Please check our website, www.vierachildrensacademy.com, frequently for important information!



Thanks,
Ms. Kristen